



KNOW THE FACTS

about Dry Eye

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According to the Optometrists Network, more than 50 million Americans suffer from the symptoms of Dry Eye.

What are the symptoms of Dry Eye?

- Dry, itchy, or burning eyes
- Red eyes
- Blurry vision
- Sensitivity to light
- Eyelid inflammation

Which health conditions can contribute to dry eye?

- Clogged oil glands in eyelid (Meibomian Gland Disease)
- Reddening of the skin (Rosacea)
- Eyelid Inflammation (Blepharitis, Stye/Hordeolum, Chalazion)
- Sleep Deprivation (Sleep Apnea)
- Joint Pain (Arthritis)
- Allergies (Conjunctivitis/Pink Eye, Contact Dermatitis/Rash)
- Autoimmune Diseases (Lupus, Bell's Palsy, Sjogren's Syndrome)
- Diabetes
- Dehydration

Which demographic or lifestyle characteristics can cause someone to be predisposed to dry eye?

- Aging (especially those over 50 years of age)
- Menopause or other Hormonal Change
- Use of Medications (antihistamine, antidepressant, antihypertensive, diuretics)
- Wearing of Contact Lens
- Surgeries (Cataract, Lasik, Cosmetic)
- Extended Use of Digital Screens (Computer, Smartphone, Television)

Open Your Eyes™ to Bruder. You know us for our #1 doctor recommended moist heat mask. But did you know we also offer a comprehensive line of science-based products for lid hygiene and hydration for dry eye? From our complete lid hygiene kit which bundles the Bruder mask with the Bruder Hygienic Eyelid Cleansing Wipes and Eyelid Solution, to our new Tea Tree Oil Wipes and Dry Eye Drink hyper-hydration mix, Bruder Healthcare is poised to offer a suite of products for a growing population of those suffering from dry eye.